



# CATERING MENU



7 W CHESAPEAKE AVE, TOWSON, MD 21204

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WWW.7WESTBISTRO.COM



## APPETIZERS



**Falafel Balls**  
\$2.50 per piece (1.5 oz)



**Crab Balls**  
\$6.00 per piece (2 oz)



**Wings**  
Buffalo, Old Bay, Honey Old Bay, BBQ, Naked,  
Lemon Pepper, Cajun, Teriyaki, & Thai Chili  
\$1.25 per piece



**Stuffed Mushroom Imperial**  
\$6.25 per piece



**Steamed Shrimp with onions**  
\$20.99 Per lb.



**Chicken Tenders**  
\$2.25 per piece



**Mozzarella Sticks**  
\$1.25 per piece



**Spanakopita**  
\$4 per piece



**Meatballs (1/2 oz)**  
Greek Style (mint & garlic)  
Italian Style (marinara)  
\$0.75 per piece



**Chesapeake Eggrolls**  
\$3.75 per piece



**Asian Seafood Eggrolls**  
\$2.75 Each



**Coconut Shrimp**  
\$1.50 per piece



**Panko Breaded Shrimp**  
\$1.50 per piece



**Southwest Egg Rolls**  
\$2.25 per piece



**Dolmades**  
\$0.95 per piece

**Coming Soon**



**Shrimp Salad**  
\$39.95 per lb.

**Coming Soon**



# APPETIZERS, SOUPS & SALADS

*Small Salads—10 to 15 servings / Large Salads—20 to 25 servings*



**Crab Dip**

\$49.00 per tray (up to 10 servings)



**Grilled Pita**

\$1.50 each



**Hummus**

\$11.95 Pint (6-8 servings)  
\$25.95 Quart (15-20 servings)



**Spinach & Artichoke dip**

\$39.00 per tray (up to 10 serving)

**Coming Soon**



**Tzatziki**

\$11.95 Pint (6-8 servings)  
\$25.95 Quart (15-20 servings)



**Mediterranean Salad**

\$34.95 Small / \$54.95 Large

Tomato, cucumber, onion, pepperoncini, peppers, feta, olives drizzled with extra virgin olive oil



**Summer Salad**

\$34.95 Small / \$54.95 Large  
Mesclun, walnuts, mandarin, cranberries, blue cheese & raspberry vinaigrette



**Caesar Salad**

\$34.95 Small / \$54.95 Large  
Romaine lettuce, garlic-kissed croutons, shredded Parmigiano, & homemade dressing



**Garden Salad**

\$34.95 Small / \$54.95 Large

Lettuce, tomatoes, cucumbers, bell peppers, crotons, with your choice of dressing



**Greek Salad**

\$34.95 Small / \$54.95 Large  
Lettuce, tomato, cucumber, onion, pepperoncini, feta, olives & house vinaigrette



**Pasta Salad**

\$34.95 Small / \$54.95 Large  
Penne pasta, tomatoes, cucumbers, onions, olives, pepperoncinis, roasted peppers, artichokes with either Creamy or Basil Pesto dressing



**Maryland Crab Soup**

\$11.95 per Quart



**Caprese Salad**

\$34.95 Small / \$54.95 Large  
Tomato, fresh mozzarella, basil & balsamic vinaigrette



**Cream of Crab Soup**

\$11.95 per Quart



## QUESSADILAS & WRAPS



### Chicken Caesar Wrap

Grilled, Blackened, or Crispy \$9.00 each



### Salmon Wrap

Grilled or Blackened \$12.00 each



### Veggie Wrap

\$8.00 each

Broccoli, lettuce, tomato, onion, roasted peppers, corn, parmesan cheese, basil pesto



### Quesadillas

With Salsa and Sour Cream; Classic \$8.99  
\$14.95-Crab meat / Grilled Chicken-\$11.95  
\$11.95-Steak / Grilled Shrimp-\$13.95



### Summer (Vegetarian)

\$8.00 each

Mixed greens, walnuts, cranberries, mandarin and bleu cheese with a Raspberry Vinaigrette dressing.



### Shrimp Salad

Lettuce, Tomatoes and raw onions.  
\$12.00 each

## ENTREES



### Grilled Lamb Chops

\$5.00 per piece

Marinated rack of lamb chops grilled to perfection.



### Chicken Souvlakia

\$4.50 per piece

Marinated Chicken grilled on skewers.



### BBQ Ribs

\$18.00 per rack

St. Louis Ribs basted with sweet Baby Ray's Sauce.



### Crab Cake

Petite \$20.00 each (6oz)

Regular \$24.00 each (8oz)

Our famous Crab Cakes, broiled to perfection and dusted with Old Bay seasoning.



### Atlantic Salmon

Grilled or Blackened

\$8.00 per piece



### Grilled Shrimp Kebobs

\$7.50 per skewer

Jumbo Shrimp marinated in olive oil, lemon, and fragrant spices and grilled to perfection.



### Fried Cod

\$4.00 per piece

Our delicate cod, breaded & fried to perfection.



## AUTHENTIC PASTAS



### Chicken Or Eggplant Parmigiana

\$45.00 Half Tray / \$110.00 Full Tray

Lightly breaded fried chicken breast or eggplant baked with homemade marinara sauce and provolone cheese. Served over penne pasta.



### Shrimp Parmigiana

\$55.00 Half Tray / \$125.00 Full Tray

Lightly breaded Shrimp, baked with homemade marinara sauce and provolone cheese. Served over penne pasta.



### Chicken Broccolini

\$55.00 Half Tray / \$125.00 Full Tray

Chicken breast and broccolini spears sautéed in olive oil, garlic, herbs & parmigiano. Tossed with penne pasta.



### Chicken Marsala

\$55.00 Half Tray / \$125.00 Full Tray

Boneless breast sautéed in butter with mushrooms, finished with a Marsala—infused demi-glaze. Tosses with penne pasta.



### Baked Ziti

\$30.00 Half Tray / \$70.00 Full Tray

\$40.00 Half Tray / \$85.00 Full Tray - with Meatballs  
Penne pasta tossed with parmesan & marinara, and baked with mozzarella & provolone.



### Penne Primavera

\$40.00 Half Tray / \$85.00 Full Tray

Penne tossed with seasonal veggies, sautéed in a creamy rose sauce.

### Penne Primavera with Chicken

\$55 Half Tray / \$125 Full Tray

## SIDES



### Oven Roasted Potatoes

\$24.95 Half Tray / \$54.95 Full Tray



### Grilled or Steamed Broccoli

\$24.95 Half Tray / \$54.95 Full Tray

Our grilled broccoli spears are finished with a touch of Extra Virgin Olive Oil & Lemon



### Rice Pilaf

\$24.95 Half Tray / \$54.95 Full Tray



### Lemon Pepper Garlic Butter Green Beans

\$24.95 Half Tray / \$54.95 Full Tray



### Mashed Potatoes

\$24.95 Half Tray / \$54.95 Full Tray

Gravy—\$4.00 pint ; \$8.00 Quart



### Roasted Vegetable "Balsamico"

\$24.95 Half Tray / \$54.95 Full Tray

Zucchini, Squash, Bell Peppers and Onions topped with Balsamic Glaze

## DESSERTS



**"NY Style" Cheesecake**  
\$4.95 per piece



**Limoncello Cake**  
\$4.95 per piece



**Chocolate Cake**  
\$4.95 per piece

## DRESSINGS

**Homemade Dressings—\$4.95 per pint / \$9.95 per quart**



**"Greek" House Vinaigrette**



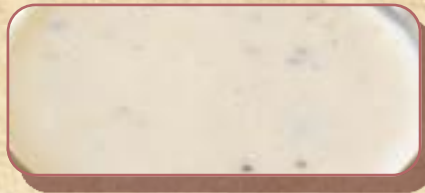
**Raspberry Vinaigrette**



**Balsamic Vinaigrette**



**Ranch**



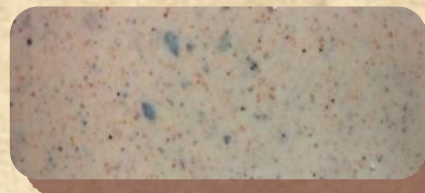
**Caesar**



**Blue Cheese**



**Honey Mustard**



**Southwestern Ranch**



**Old Bay Ranch**



# PLATTERS

*Small tray—10 to 15 servings / Large tray—20 to 25 servings*



**Mediterranean Delight Platter**  
\$39.95 Small / \$69.95 Large

Feta cheese, kalamata olives, roasted peppers & pepperoncini seasoned with oregano & olive oil.



**Veggie Platter**  
\$34.95 Small / \$54.95 Large

Broccoli, cucumbers, carrots, celery and bell peppers. Served with Ranch dipping sauce.



**Cheese Platter**  
\$39.95 Small / \$69.95 Large

Variety of cheeses (Cheddar, Provolone & Swiss) with grapes, crackers & spicy mustard dip.



**Fresh Fruit Platter**  
\$39.95 Small / \$59.95 Large

Our fruit platter is made with seasonal fresh fruit. Arrangements can be made based on your preferences.

## COMING SOON

Coming Soon

Coming Soon

Coming Soon

Coming Soon

Coming Soon

Coming Soon

Coming Soon

Coming Soon

Coming Soon

# CONTACTS & LOCATION



## CONTACT US

### Address

7 W Chesapeake Ave,  
Towson, MD 21204

Phone: (410) 337 9378

Fax: (410) 321 9378

[info@7westbistro.com](mailto:info@7westbistro.com)

[www.7westbistro.com](http://www.7westbistro.com)

## WAYS TO ORDER:

- Minimum for delivery order - \$150 before taxes.
- Catering orders are fulfilled with a 24 to 48 hours advanced notice.
- For urgent orders contact the General Manager directly and he will try to possibly accommodate your order.
- 10% Gratuity will be added to the order total.
- Catering Orders are only finalized after we receive a Credit Card confirmation for order/deposit.
- Payment methods we accept include cash, credit cards, company or personal checks, or a cashier's check

- Delivery charges apply based on distance:

**Option 1.** Customer Pick-up - FREE (No minimum order)

**Option 2.** Towson (21204 and 21286) - \$15.00.

**Option 3.** Up to 20 miles - \$15.00 + \$1.00 per mile.

**Option 4.** Over 20 miles - speak to the General Manager.

7 West Bistro Grille delivers to destinations further than 20 miles at manager's discretions.

- Fee for plastic-ware/containers may apply, based on the order quantity.

⇒ Mileage calculated from 7 W Chesapeake Ave, Towson, MD 21204 to the destination, using Google maps.

### 1. Order by phone +1 410-337-9378

- Ask for Boyko Tachkov, General Manager, and place your order with him, or by e-mailing a list of all items in your catering order, after speaking with him.
- If Boyko is not available, leave your request with the manager on duty to be passed on to the General Manager.

### 2. In person at the restaurant

- Speak to the General Manager, if available at the time
- If he is not available, leave your order to the manager on duty or the bartender, to be passed along to him/her.
- Upon request, changes can be made to our recipes in order to accommodate our customer's needs. Some additions may result in a higher cost; and no price changes will occur upon removal of any ingredients.
- Please provide 24 hours notice if you must cancel your order. 7 West Bistro Grille will try to cooperate with any changes or cancellations if possible. However, because our products are fresh and perishable, cancellations within 24 hours notice may incur a full charge.

⇒ Prices may change with time, 7 West Bistro Grille is not responsible for possible print errors. For the most current information, please visit our website [www.7westbistro.com](http://www.7westbistro.com)