



CATERING MENU



7 W CHESAPEAKE AVE, TOWSON, MD 21204

PHONE: (410) 337 9378 FAX: (410) 321 9378

INFO@7WESTBISTRO.COM

WWW.7WESTBISTRO.COM

APPETIZERS



Falafel Balls
\$2.50 per piece (1.5 oz)



Crab Balls (2 oz)
\$4.50 per piece



Wings
Buffalo, Old Bay, BBQ, Naked,
Lemon Pepper, Thai Chili & Mango Habanero
\$1.25 per piece



Stuffed Mushroom Imperial
\$5.25 per piece



Steamed Shrimp with onions
\$19.95 Per lb



Chicken Tenders
\$2.25 per piece



Mozzarella Sticks
\$1.25 per piece



Spanakopita
\$4 per piece



Meatballs (1/2 oz)
Greek Style (mint & garlic)
Italian Style (marinara)
\$0.75 per piece



Chesapeake Eggrolls
\$3.75 per piece



Asian Seafood Eggrolls
\$2.75 Each



Coconut Shrimp
\$1.50 per piece



Panko Breaded Shrimp
\$1.50 per piece



Southwest Egg Rolls
\$2.25 per piece



Dolmades
\$0.95 per piece

Coming Soon



Shrimp Salad
\$39.95 per lb.

Coming Soon

APPETIZERS, SOUPS & SALADS

Small Salads—10 to 15 servings / Large Salads—20 to 25 servings



Crab Dip

\$49.00 per tray (up to 10 servings)



Grilled Pita

\$1 each



Hummus

\$11.95 Pint (6-8 servings)
\$25.95 Quart (15-20 servings)



Spinach & Artichoke dip

\$39.00 per tray (up to 10 serving)



Tzatziki

\$11.95 Pint (6-8 servings)
\$25.95 Quart (15-20 servings)

Coming Soon



Mediterranean Salad

\$34.95 Small / \$54.95 Large

Tomato, cucumber, onion, pepperoncini, peppers, feta, olives drizzled with extra virgin olive oil



Summer Salad

\$34.95 Small / \$54.95 Large

Mesclun, walnuts, mandarins, cranberries, blue cheese & raspberry vinaigrette



Caesar Salad

\$34.95 Small / \$54.95 Large

Romaine lettuce, garlic-kissed croutons, shredded Parmigiano, & homemade dressing



Garden Salad

\$34.95 Small / \$54.95 Large

Lettuce, tomatoes, cucumbers, bell peppers, croutons, with your choice of dressing



Greek Salad

\$34.95 Small / \$54.95 Large

Lettuce, tomato, cucumber, onion, pepperoncini, feta, olives & house vinaigrette



Pasta Salad

\$34.95 Small / \$54.95 Large

Penne pasta, tomatoes, cucumbers, onions, olives, pepperoncinis, roasted peppers, artichokes with either Creamy or Basil Pesto dressing



Maryland Crab Soup

\$11.95 per Quart



Caprese Salad

\$34.95 Small / \$54.95 Large

Tomato, fresh mozzarella, basil & balsamic vinaigrette



\Cream of Crab Soup

\$11.95 per Quart

QUESSADILAS & WRAPS



Chicken Caesar
\$9.00 each



Salmon wrap
\$12.00 each



Veggie
\$8.00 each
Broccoli, lettuce, tomato, onion, roasted peppers, corn, parmesan cheese, basil pesto



Quesadillas
With Salsa and Sour Cream
\$14.95-Crab meat / Grilled Chicken-\$11.95
\$11.95-Steak / Grilled Shrimp-\$13.95



Summer (Vegetarian)
\$8.00 each
Mixed greens, walnuts, cranberries, mandarin oranges and bleu cheese with a Raspberry Vinaigrette dressing.



Shrimp Salad
Lettuce, Tomatoes and raw onion
\$12.00 each

ENTREES



Grilled Lamb Chops
\$5.00 per piece
Marinated rack of lamb chops grilled to perfection



Chicken Souvlakia
\$4.50 per piece
Marinated Chicken grilled on skewers



BBQ Ribs
\$18.00 per rack
St. Louis Ribs basted with sweet Baby Ray's Sauce



Crab Cake
Petite \$18.00 each (6oz)
Regular \$22.00 each (8oz)
Our famous Crab Cakes, broiled to perfection and dusted with Old Bay seasoning.



Atlantic Salmon
Grilled or Blackened
\$8.00 per piece



Grilled Shrimp Kebobs
\$7.50 per Scewer
Jumbo Shrimp marinated in olive oil, lemon, and fragrant spices and grilled to perfection



Fried Cod
\$4.00 per piece
Our delicate cod, breaded & fried to perfection

AUTHENTIC PASTAS



Chicken Or Eggplant Parmigiana

\$45.00 Half Tray / \$110.00 Full Tray

Lightly breaded fried chicken breast or eggplant baked with homemade marinara sauce and provolone cheese. Served over penne pasta.



Shrimp Parmigiana

\$55.00 Half Tray / \$125.00 Full Tray

Lightly breaded Shrimp, baked with homemade marinara sauce and provolone cheese. Served over penne pasta.



Chicken Broccolini

\$55.00 Half Tray / \$125.00 Full Tray

Chicken breast and broccoli spears sautéed in olive oil, garlic, herbs & parmigiano. Tossed with penne pasta.



Chicken Marsala

\$55.00 Half Tray / \$125.00 Full Tray

Boneless breast sautéed in butter with mushrooms, finished with a Marsala—infused demi-glace. Tosses with penne pasta.



Baked Ziti

\$30.00 Half Tray / \$70.00 Full Tray

\$40.00 Half Tray / \$85.00 Full Tray - with Meatballs
Penne pasta tossed with parmesan & marinara, and baked with mozzarella & provolone.



Penne Primavera

\$40.00 Half Tray / \$85.00 Full Tray

Penne tossed with seasonal veggies, sautéed in a creamy rose sauce.

Penne Primavera with Chicken

\$55 Half Tray / \$125 Full Tray

SIDES



Oven—Roasted Potatoes

\$24.95 Half Tray / \$54.95 Full Tray



Grilled or Steamed Broccoli

\$24.95 Half Tray / \$54.95 Full Tray

Our grilled broccoli spears are finished with a touch of Extra Virgin Olive Oil & Lemon



Rice Pilaf

\$24.95 Half Tray / \$54.95 Full Tray



Lemon Peper Garlic Butter Green Beans

\$24.95 Half Tray / \$54.95 Full Tray



Mashed Potatoes

\$24.95 Half Tray / \$54.95 Full Tray

Gravy—\$4.00 pint ; \$8.00 Quart



Roasted Vegetable "Balsamico"

\$24.95 Half Tray / \$54.95 Full Tray

Zucchini, Squash, Bell Peppers and Onions topped with Balsamic Glaze

DESSERTS



"NY style" Cheesecake
\$4.95 per piece



Limoncello cake



Chocolate Cake

DRESSINGS

Homemade Dressings—\$4.95 per pint / \$9.95 per quart



"Greek" House Vinaigrette



Raspberry Vinaigrette



Balsamic Vinaigrette



Ranch



Caesar



Blue Cheese



Honey Mustard



Southwestern Ranch



Old Bay Ranch

PLATTERS

Small tray—10 to 15 servings / Large tray—20 to 25 servings



Feta cheese, kalamata olives, roasted peppers & pepperoncini seasoned with oregano & olive oil



Broccoli, cucumbers, carrots, celery and bell peppers. Served with Ranch dipping sauce.

Mediterranean Delight Platter

\$39.95 Small / \$69.95 Large

Veggie Platter

\$34.95 Small / \$54.95 Large



Variety of cheeses (Cheddar, Provolone & Swiss) with grapes, crackers & spicy mustard dip



Our fruit platter is made with seasonal fresh fruit. Arrangements can be made based on your preferences.

Cheese Platter

\$39.95 Small / \$69.95 Large

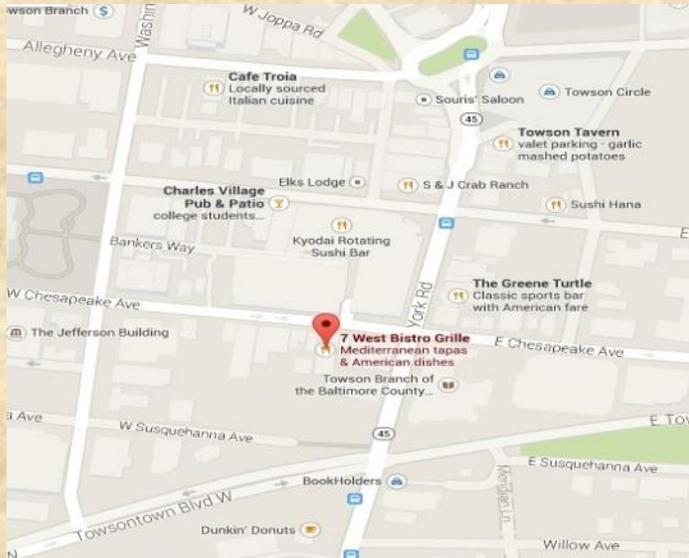
Fresh Fruit Platter

\$39.95 Small / \$59.95 Large

COMING SOON

Coming Soon

CONTACTS & LOCATION



CONTACT US

Address

7 W Chesapeake Ave,
Towson, MD 21204

Phone: (410) 337 9378

Fax: (410) 321 9378

info@7westbistro.com

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WAYS TO ORDER:

- Minimum for delivery order - \$150 before taxes.
- Catering orders are fulfilled with a 24 to 48 hours advanced notice.
- For urgent orders contact the General Manager directly and he will try to possibly accommodate your order.
- 10% Gratuity will be added to the order total.
- Catering Orders are only finalized after we receive a Credit Card confirmation for order/deposit.
- Payment methods we accept include cash, credit cards, company or personal checks, or a cashier's check

- Delivery charges apply based on distance:

Option 1. Customer Pick-up - FREE.(No minimum order)

- 5% service gratuity is added for Catering pick up orders over 100.00 dollars.

Option 2. Towson (21204 and 21286) - \$3.00.

Option 3. Up to 20 miles - \$3.00 + \$0.90 per mile.

Option 4. Over 20 miles - speak to the General Manager.

7 West Bistro Grille delivers to destinations further than 20 miles at manager's discretions.

- Fee for plastic-ware/containers may apply, based on the order quantity.

⇒ Mileage calculated from 7 W Chesapeake Ave, Towson, MD 21204 to the destination, using Google maps.

1. Order by phone +1 410-337-9378

- Ask for Boyko Tachkov, General Manager, and place your order with him, or by e-mailing a list of all items in your catering order, after speaking with him.
- If Boyko is not available, leave your request with the manager on duty to be passed on to the General Manager.

2. In person at the restaurant

- Speak to the General Manager, if available at the time
- If he is not available, leave your order to the manager on duty or the bartender, to be passed along to him/her.

- Upon request, changes can be made to our recipes in order to accommodate our customer's needs. Some additions may result in a higher cost; and no price changes will occur upon removal of any ingredients.

- Please provide 24 hours notice if you must cancel your order. 7 West Bistro Grille will try to cooperate with any changes or cancellations if possible. However, because our products are fresh and perishable, cancellations within 24 hours notice may incur a full charge.

⇒ Prices may change with time, 7 West Bistro Grille is not responsible for possible print errors. For the most current information, please visit our website www.7westbistro.com